



Trust Counselling Service Self - Referral Form

Submission of this form will be treated in the strictest of confidence

Name:

Date of birth:

Telephone no:

Address:

Some personal information about reasons for counselling.

Are you currently homeless? Yes No

(We regret that unfortunately we are currently unable to begin to offer a service to people who are in permanent accommodation)

What best describes your accommodation status?

Rough Sleeping B&B TFF Hostel Sofa surfing NFA other

Reason for Counselling (optional)

The service runs at several venue. Please indicate your preference

- The Marie Trust
- Chara Centre (residents only)
- Over the Phone (during lockdown or in specific circumstances)
- Other preferred venue, this could be supported accommodation, NHS premises.

You can access the service by:

- **Speaking** with a member of staff; **or**
- **Phoning** or **Texting** Katherine 07907 842 942 or Allyson 07907 842 929;
- **Completing the Form** on the page above and handing it in or emailing KWaumsley@themarietrust.org.uk
- **Asking a Professional to Refer you** (the referral form can be sent via email or downloaded from our website)